

PRIVACY POLICY

We understand protecting your personal information is important.

We don't like SPAM as much as you do.

Our Privacy Policy is our company guidelines to ensure the use and disclosure of private information follows these set of values to ensure our website users and/or clients are protected.

Information: We wish to inform you about why and how we process personal information.

Limited collection: We take great care to limit the information we collect to only that which is necessary for our services.

No personal marketing without prior consent: We will never share your personal information for marketing purposes without prior permission.

Security: We take the appropriate measures to secure your personal information and require the same from the authorised parties that process your information on our behalf.

Right of access and correction: We respect your right to access, correct, or delete your personal information.

TYPES AND USE OF PERSONAL INFORMATION

We only store and use personal information that has been directly provided by you or information that is clearly intended to be processed by us upon provision.

For the general process, the following personal information will only be asked:

Name
Date of birth
Address
E-mail address
Phone number
Payment details
IP address

We will not share your personal information with third parties that are not directly involved with our organisation without prior permission.

We may collect information to understand our members and provide better services but will not communicate this information to any other third party.

Unless you have given your consent by providing further personal information that has been directed away from the Body Mind Sessions website.

Please note we will never ask for personal information where the website user and/or client has not initiated a consultation of our services.

We take all reasonable steps to protect your information from misuse, interference, loss and unauthorised access, modification or disclosure.

However, any information can be transmitted through the internet and the use the Website is at your own risk and we accept no responsibility, whether deemed negligent or not, in the event of a security that affects your privacy.

Any changes to the Privacy Policy, Service Agreement and Website Terms of Use will be notified via email.

It is the best interest of the website user and/or client to keep their details up to date by emailing contact@bodymindsessions.org.