

DISCLAIMER

This website and all the information contained in Body Mind Sessions including speaking engagements, workshops, courses and written content is based on my personal experience.

Any content published through written, visual or audio channels represented by the company is purely for educational and informational purposes only.

The information provided for our readers and members are based on the assumption that the persons are not affected by pre-existing conditions and are healthy in body and mind.

Our company highly advises to consult a medical practitioner if there is any confusion or doubt about their health status and/or condition and/or initiating new treatment.

We do not replace, substitute or take any form of medical advice, diagnosis or treatment. We trust our members and any persons who have read, watched or listened to our content to research the completeness of the information.

We assume no responsibility or hold any liability for any misuse of the information, products and services we provide under Body Mind Sessions.

We also do not assume responsibility or liability for any third party that has shared our content to their own personal or company social media feed. Furthermore, we do not represent or hold the same opinions as those third parties.